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# LSBU

Institute of Health  
& Social Care

**London South Bank University**

**Are you a military veteran who has been medically discharged from the UK Armed Forces (Regular or Reserve)? Would you be willing to participate in a research study focused on aspects of your physical activity, health and wellbeing?**

**We are looking for military veterans who have been medically discharged from the UK Armed Forces (Regular or Reserve), to complete an online survey (link below)**

The survey is anonymous and contains questions about your participation in physical activity, plus some health and wellbeing measures. You do not need to be physically active to take part, we need a broad range of participants. To complete and submit the survey should take no more than 20 minutes, full instructions, an information sheet and a consent form are in the link below. If you are unable to complete it yourself, you can have a person with you to complete your answers for you.

### **Link to survey**

<https://lsbu.onlinesurveys.ac.uk/phdstudy1surveyclarepope>

**The password to access: WIS Veterans**

**If you would like to find out more about the research, be sent a link by email, or request a postal copy please contact Clare Pope on [popec4@lsbu.ac.uk](mailto:popec4@lsbu.ac.uk)**